

## Book Reviews

### The Threat at Home

Confronting  
The Toxic Legacy  
of the U.S. Military

By  
Seth Shulman

Beacon Press, 1992  
254 pages, \$23 (HB)

Any soldier who doesn't fully understand the importance of environmental stewardship must read this book. The author provides a very critical review of the Department of Defense and its treatment of the environment.

Mr. Shulman describes numerous examples of environmental abuse currently existing at military operated facilities throughout the United States.

He criticizes the military both for allowing widespread pollution of the land entrusted to it and for failure to comply with environmental laws.

One chapter, "Eastern Europe at

Home," draws a comparison between the polluted military installations left behind in Eastern Bloc forces and our own installations in the U.S. and overseas. The author states "...the military's pollution taints pieces of every state in the nation."

Appendix A describes methods for civilian communities to find out about the environmental practices of DoD facilities near them. The author explains the Freedom of Information Act and provides a list of addresses and phone numbers for public and private agencies that could assist groups on environmental concerns. Appendix B provides a detailed list of suspected sites of contamination. That list is divided into categories that reflect the installation's name, state and number of sites identified.

Overall this book provides excellent background reading for anyone who still doesn't grasp the importance of balancing our warfighting missions with environmental impacts. America's Army must become better stewards of the land entrusted to us.

SGM Dan Hubbard

### The Twenty Four Hour Society

By  
Martin Moore-Ede

Addison-Wesley Publishing, 1992  
230 pages, \$22.95 (HB)

Every sergeant of the guard, tactical operations center NCOIC, squad leader, platoon sergeant and first sergeant who has worried about keeping soldiers safe, awake, alert and alive during critical times will want to read this interesting and informative book.

Chapter titles such as "The Costs of

Human Breakdown," "Aviation Safety and Pilot Error," "Keep on Trucking," "Decision Maker Fatigue," are enough to excite interest and draw you into the book to find parallels between related civilian and military sleep and fatigue management problems.

Readers will discover that the most notorious environmental and industrial accidents in recent times happened in early morning hours and were caused by fatigued and inattentive workers and first line managers. These accidents include Exxon Valdez, Three Mile Island, Chernobyl, Bhopal, Challenger and the Iranian airline shootdown.

Chapter 4, "Alertness: The Achilles Heel of a Nonstop World," breaks down management of human performance so readers can think clearly about managing alertness, attentiveness and performance. The author presents a model

### Low Intensity Conflict

A Guide for Tactics,  
Techniques  
and Procedures

By  
CSM James J. Gallagher  
USA (Ret)

Stackpole Books, 1992  
202 pages, \$14.95 (PB)

CSM Gallagher has written an excellent "How To" book on LIC. Since there hasn't been any official doctrine published to cover all military services working together, it has left many wondering about the principles and fundamentals of LIC. This book gives the reader a place to start—a "guide post."

The author takes you through a step-by-step process of identifying training, equipment, services and combat support responsibilities of the military and its leaders. He justifies a projected military action and puts a favorable light on political leaders. The book is laid out like a cook book for the military minded.

I recommend this as reading for anyone who wants to understand the actions of our military and political leaders in relation to world events in this new and challenging era of the 1990s.

SFC Bill Horner

for managing fatigue and keeping alertness high. The model is built around "the nine switches of human alertness."

Fatigue management strategies built around this model can produce productive, high-quality and safe performance.

Leaders who worry about the safety of their soldiers during continuous operations will find practical how-to advice in this book.

COL Fredrick Van Horn